

*Check the color of the resource and waste types for collection dates. There is no collection on days without color.

Keep the three principles of waste disposal.

- 1) **By 8:00 a.m. on the designated collection day.**
- 2) **In the designated place.**
- 3) **In a proper manner of separation. Put the waste out in the designated bags.**

For more information, please see the Waste Separation Dictionary. For recyclables, use group resource collection, etc., as much as possible.

Notes
Waste from businesses cannot be disposed of at local collection points. For more information, please see the Waste Separation Dictionary for Businesses.

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
April	7	8	9	10	11	12	13
April	14	15	16	17	18	19	20
April	21	22	23	24	25	26	27
April	28	29	30				
May	5	6	7	8	9	10	11
May	12	13	14	15	16	17	18
May	19	20	21	22	23	24	25
May	26	27	28	29	30	31	
June	2	3	4	5	6	7	8
June	9	10	11	12	13	14	15
June	16	17	18	19	20	21	22
June	23	24	25	26	27	28	29
June	30						
July	7	8	9	10	11	12	13
July	14	15	16	17	18	19	20
July	21	22	23	24	25	26	27
July	28	29	30	31			
August	4	5	6	7	8	9	10
August	11	12	13	14	15	16	17
August	18	19	20	21	22	23	24
August	25	26	27	28	29	30	31
September	1	2	3	4	5	6	7
September	8	9	10	11	12	13	14
September	15	16	17	18	19	20	21
September	22	23	24	25	26	27	28
September	29	30					
October	6	7	8	9	10	11	12
October	13	14	15	16	17	18	19
October	20	21	22	23	24	25	26
October	27	28	29	30	31		
November	3	4	5	6	7	8	9
November	10	11	12	13	14	15	16
November	17	18	19	20	21	22	23
November	24	25	26	27	28	29	30
December	1	2	3	4	5	6	7
December	8	9	10	11	12	13	14
December	15	16	17	18	19	20	21
December	22	23	24	25	26	27	28
December	29	30	31				
January	5	6	7	8	9	10	11
January	12	13	14	15	16	17	18
January	19	20	21	22	23	24	25
January	26	27	28	29	30	31	
February	2	3	4	5	6	7	8
February	9	10	11	12	13	14	15
February	16	17	18	19	20	21	22
February	23	24	25	26	27	28	
March	2	3	4	5	6	7	8
March	9	10	11	12	13	14	15
March	16	17	18	19	20	21	22
March	23	24	25	26	27	28	29
March	30	31					

Category	Collection Schedule	Waste Content / Disposal Method
Recyclable Waste	Plastic Containers/Packages Mon	Containers for tofu, pudding, etc. * Please put them out in designated bag.
	Paper Containers/Packages 1st & 3rd Thu	Ice cream containers, etc. * Please put them out in designated bag.
	Newspapers/Magazines/Paper Packs/PET bottles 1st, 3rd & 5th Fri	Paper packs PET bottles Rinse out PET bottles. * Paper cartons and PET bottles should be put out in designated bag.
	Bottles/Cans 2nd & 4th Fri	Cans For spray cans: 1) Fully empty of its contents. 2) Clearly label the bag with "スプレー缶 (Spray Can)". * Please put them out in designated bag.
	Cardboard/Used Clothes 4th Thu	Cardboard Flatten cardboard and bundle with string. Used clothes Wash in advance as much as possible. * Used clothes should be put out in designated bag.
Non-burnable	1st Thu	Over-size/Non-Burnable [Definition] Items with a total length, width, and height of under 3 m, or under 2 m on the longest side. Heaters Put a note "大形ごみ (Oversize)" on them. POTS and pans Breakable items Wrap with paper and not mix. To collection boxes at dealers, etc. * Please put non-burnable waste out in designated bag.
	2nd & 4th Fri	Hazardous Waste Fluorescent light tubes * Please put them out in designated bag. Wrap up in paper or put in a case for protection. As needed Razors Thermometers Dry-cell batteries Lighters * Please put them out in designated bag.
	Wed & Sat	Burnable Waste Large amounts of grass, fallen leaves and cut branches should be disposed of in two to three bags at a time. Paper waste Remove feces from diapers. Wood waste Smaller than 50 cm long and 5 cm thick. Eggshells, shells, bones Toys (non-metal) Futons, blankets, etc. Under 1 meter long. Shoes, bags Never put in spray cans, lighters, or other prohibited items. * Please put them out in designated bag.

Collected at bases (small home appliance collection boxes)

Small home appliances There are special collection boxes for cell phones, portable radios, telephones, etc. Please put in your unwanted small home appliances. For details, please refer to the Waste Separation Dictionary.

Items to be requested for collection and items to be brought in directly

- ◎ Large, non-burnable waste with a total of 3 m or more in length, width, and height, or 2 m or more on the longest side. **Examples: Large bed frame, large wardrobe, large table**
- ◎ Specified items regardless of size
- ◎ Organ, sprung mattresses and sofas, tatami mats, electronic pianos, drums, home tanks, bathtubs
- ◎ Once-off large amounts of garbage
- ◎ Please make a reservation in advance and bring it directly to the Cleaning Center by yourself, or ask a licensed general waste collector and transporter. (Charged)
- ◎ Dead bodies of domesticated dogs, cats, etc. must be brought directly to the cleaning center. (Charged)

The following items are not picked up for collection, or accepted at the Cleaning Center.

- ◎ Four household electric items: air-conditioners, televisions, refrigerators / freezers, washers / dryers
- ◎ Contact: Nippon Express, Morioka Branch Tel: 019-637-6411
- ◎ Computers Contact: PC3R Promotion Association Tel: 03-5282-7685
- ◎ Fire extinguishers Contact: Japan Fire Extinguisher Manufacturers Association Tel: 03-5829-6773
- ◎ Motorcycles, including mopeds (less than 50cc)
- ◎ Electronic/piano, large safes/fireproof safes, gas cylinders/propane gas cylinders, commercial stockers, car batteries, car parts (bumpers, etc.) and tires, concrete blocks and bricks, senior cars, rechargeable batteries, thinners, paint, plasterboard, insulation, electric bicycle batteries, kerosene, oil, waste oil, tree branches exceeding 50 cm in length and 5 cm in thickness, fireworks, gunpowder, matches, flares, printer ink cartridges, toner, chemicals, pesticides and toxic substances, agricultural vinyl, agricultural equipment and materials
- ◎ For disposal destination: Consult the dealer, the handling company, or a licensed general waste collector and transporter. For details, refer to the Waste Separation Dictionary or the website.

Direct Delivery Reservations

Open: Mon-Sat (excluding the New Year's holiday)
Hours: 8:30-10:00 AM, 1:00-3:00 PM
For direct delivery, advance reservation is required by the day before via internet or phone.
Please give priority to internet reservations as phone lines may be busy.
Phone number for direct delivery reservation : 019-613-3501
(Weekdays 9:00-12:00 AM, 1:00-4:00 PM)



List of licensed household general waste collector and transporter

The following businesses are certified collectors of household waste. (Charged)

Name	Address	Tel.
Ashina Shokai	Yahaba	019-697-3237
Execute Tohoku	Yahaba	019-681-7570
Kamaishi Recycle Service	Yahaba	019-697-2127
Total Support Yuiitsu	Yahaba	0120-14-3741
Fujiwara Clean Service	Yahaba	019-698-1753
Yamagishi	Yahaba	019-697-6609
Yamaya Sangyo	Yahaba	019-637-4622
Kaiun Kogyo	Shiwa	019-651-5326
Takasho	Shiwa	019-673-7874
Tsukumo	Shiwa	019-658-9562
Toyama Sangyo	Shiwa	019-676-4111
Maruyo Sangyo Onso	Shiwa	019-672-4953
Yuki Shoji	Shiwa	019-681-0337
Ivic	Morioka	019-638-5190
Clean Work Sawaguchi	Morioka	019-663-1273
Saino Dust Yoshida	Morioka	019-604-1530
Seito Kogyo	Morioka	019-696-2526
Saihan	Morioka	019-635-7176
Sato Hideo Shoten	Morioka	019-638-8910
Dai-ichi Shoji	Morioka	019-651-3241
Nambu Eiseisha	Morioka	019-638-0687
Fujikien	Morioka	0120-05-8139
Fujichu Shoji	Morioka	019-661-4537
Mac Total Service	Morioka	019-651-4888
Rohasu	Morioka	019-656-0200