

Non-Collection Days: There will be no collection on December 31 to January 3.

	Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
April	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		
May						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
June	24	25	26	27	28	29	30
	31						
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
July	21	22	23	24	25	26	27
	28	29	30				
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
August	19	20	21	22	23	24	25
	26	27	28	29	30	31	
							1
	2	3	4	5	6	7	8
September	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					
October	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		
November	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
December	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
January	29	30					
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
February	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31						
	7	8	9	10	11	12	13
March	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

Keep the three principles of waste disposal.

- 1) **By 8:00 a.m. on the designated collection day.**
- 2) **In the designated place.**
- 3) **In a proper manner of separation. Put the waste out in a transparent or translucent bag.**

For more information, please see the Waste Separation Dictionary. For recyclables, use group resource collection, etc., as much as possible.

Notes
Waste from businesses cannot be disposed of at local collection points. For more information, please see the Waste Separation Dictionary for Businesses.

Category	Collection Schedule	Waste Content / Disposal Method
Recyclable Waste	Plastic Containers/Packages Mon	Containers for tofu, pudding, etc. Snack bags, packaged meal containers, etc. <i>* Please put them out in a designated bag.</i>
	Paper Containers/Packages 1st & 3rd Thu	Ice cream containers, etc. Aluminum-laminated containers for sake, etc. Cigarette boxes, etc. <i>* Please put them out in a designated bag.</i>
	Newspapers/Paper Packs/PET bottles 1st, 3rd & 5th Fri	Paper packs Newspapers Magazines PET bottles Rinse out PET bottles. PET bottles <i>* Paper cartons and PET bottles should be put out in a designated bag.</i>
	Bottles/Cans 2nd & 4th Fri	Steel cans Aluminum cans Rinse out cans. Spray cans 1. Fully empty of its contents. 2. Clearly label the bag with "スプレー缶 (Spray Can)". Separate bags for empty cans and bottles. Bottles (Remove caps) Rinse out bottles. <i>* Please put them out in a designated bag.</i>
	Cardboard/Used Clothes 4th Thu	Cardboard Flatten cardboard and bundle with string. Used clothes Wash in advance as much as possible. <i>* Please put used clothes out in a designated bag.</i>
Non-burnable	Over-size/Non-Burnable 1st Thu	[Definition] Items with a total length, width, and height of under 3 m, or under 2 m on the longest side. Skis, snowboards Bicycles Toys (metal) Lithium-ion batteries Put a note "大形ごみ (Oversize)" on them. Pots and pans Disposable Body Warmer Carpets, etc. Breakable items Wrap with paper and not mix. <i>* Non-burnable trash should be disposed of in a designated bag.</i>
	Hazardous Waste/Dry-cell Batteries 2nd & 4th Fri	Fluorescent light tubes Light bulbs Wrap up in paper or put in a case for protection. As needed Razors Dry-cell batteries Thermometers Lighters <i>* Please put them out in a designated bag.</i>
	Burnable Waste Wed & Sat	Paper waste Diapers Remove feces from diapers. Large amounts of grass, fallen leaves and cut branches should be disposed of in two to three bags at a time. Shoes, bags Eggs, shells, bones Toys (non-metal) Futons, blankets, etc. Under 1 meter long. <i>* Please put them out in a designated bag.</i>

Collected at bases (small home appliance collection boxes)

Small home appliances There are special collection boxes for cell phones, portable radios, telephones, etc. Please put in your unwanted small home appliances. For details, please refer to the Waste Separation Dictionary.

Items to be requested for collection and items to be brought in directly

- ◎ Large, non-burnable waste with a total of 3 m or more in length, width, and height, or 2 m or more on the longest side. Examples: Large bed frame, large wardrobe, large table
- ◎ Specified items regardless of size
- ◎ Organ, sprung mattresses and sofas, tatami mats, electronic pianos, drums, home tanks, bathtubs
- ◎ Once-off large amounts of garbage
- ◎ Please make a reservation in advance and bring it directly to the Cleaning Center by yourself, or ask a licensed general waste collector and transporter. (Charged)
- ◎ Dead bodies of domesticated dogs, cats, etc. must be brought directly to the cleaning center. (Charged)
- ◎ Damaged, wet, or swollen lithium-ion batteries: Directly bring to the cleaning center

The following items are not picked up for collection, or accepted at the Cleaning Center.

- ◎ Four household electric items: air-conditioners, televisions, refrigerators / freezers, washers / dryers
- ◎ Contact: Nippon Express, Morioka Branch Tel: 019-637-6411
- ◎ Computers Contact: PC3R Promotion Association Tel: 03-5282-7685
- ◎ Fire extinguishers Contact: Japan Fire Extinguisher Manufacturers Association Tel: 03-5829-6773
- ◎ Rechargeable batteries: Please refer to the JBIC website for details on cooperating stores and collection.
- ◎ Electronic/piano, large safes/fireproof safes, gas cylinders/propane gas cylinders, commercial stockers, car batteries, car parts (bumpers, etc.) and tires, concrete blocks and bricks, senior cars, thinners, paint, plasterboard, insulation, kerosene, oil, waste oil, tree branches exceeding 50 cm in length and 5 cm in thickness, fireworks, gunpowder, matches, flares, printer ink cartridges, toner, chemicals, pesticides and toxic substances, agricultural vinyl, agricultural equipment and materials
- ◎ Motorcycles, including mopeds (less than 50cc)
- ◎ For disposal destination: Consult the dealer, the handling company, or a licensed general waste collector and transporter. For details, refer to the Waste Separation Dictionary or the website.

Direct Delivery Reservations

Open: Mon-Sat (excluding special holidays and New Year's holidays)
Hours: 8:30-10:00 AM, 1:00-3:00 PM

For direct delivery, advance reservation is required by the day before via internet or phone.
Please give priority to internet reservations as phone lines may be busy.
Phone number for direct delivery reservation : 019-613-3501
(Weekdays 8:30 AM-4:30 PM)

Access to the Cleaning Center

Disposal fee: ¥105 per 10kg.
Spring mattresses, etc.: ¥1,320 per 10kg.

List of licensed household general waste collector and transporter

The following businesses are certified collectors of household waste. (Charged)

Name	Address	Tel
Tsukumo	Yahaba	019-658-9562
Total Support Yuiitsu	Yahaba	0120-14-3741
Fujiwara Clean Service	Yahaba	019-698-1753
Yamagishi	Yahaba	019-697-6609
Ivic	Morioka	019-638-5190
Alice	Morioka	019-624-1136
Kaiun Kogyo	Morioka	019-651-5326
Clean Work Sawaguchi	Morioka	019-663-1273
Clean Dust Yoshida	Morioka	019-604-1530
Saito Kogyo	Morioka	019-696-2526
SAIHAN	Morioka	019-636-4234
Daichi Shoji	Morioka	019-651-3241
Fujiken	Morioka	0120-05-8139
Fujichu Shoji	Morioka	019-661-4537
Takasho	Shiwa	019-673-7874
Toyama Sangyo	Shiwa	019-676-4111
Maruyo Sangyo Unso	Shiwa	019-672-4953

(As of March 2026)